Too often, drug users suffer discrimination, are forced to accept treatment, marginalized and often harmed by approaches which over-emphasize criminalization and punishment while under-emphasizing harm reduction and respect for human rights.

—UN High Commissioner for Human Rights, 2009

Governments have a duty under international law to take steps to reduce supply of and demand for controlled drugs. In doing so, they must ensure that these efforts are balanced with obligations to ensure adequate availability of controlled drugs for medical purposes, and that these steps are consistent with states’ human rights obligations. Unfortunately, punitive approaches have taken priority in law, practice and funding in the response to drug use and drug dependence all over the world. Criminal laws, disproportionate penalties and law enforcement practices have resulted in negative health outcomes and have affected a wide range of other human rights.

Criminal laws, policies and law enforcement approaches

Criminal laws relating to drug use and possession for personal use

In almost every country in the world, possession of drugs for personal consumption is a crime. In many, drug use itself is a crime. The implications for those who have a dependency—a chronic, relapsing medical condition—are particularly serious. Individuals have a right to obtain lifesaving health services without fear of punishment or discrimination. But in some countries, many people who inject drugs do not carry sterile syringes or other injecting equipment, even though it is legal to do so, because possession of such equipment can mark an individual as a drug user and expose him or her to punishment on other grounds. Many do not seek treatment or attend harm reduction services, again, for fear of arrest and conviction. Aside from the obvious harms associated with imprisonment (see briefing no. 3), the consequences of obtaining a criminal record are considerable and can affect access to future employment, education and even social services such as housing. Criminal status also exposes people who use drugs to police abuse including beatings, extortion and even torture.

Drug paraphernalia laws

In many countries, carrying drug paraphernalia such as needles and syringes, crack pipes and foil for smoking heroin is illegal. This can deter safer drug use as users fear attracting police attention. It can also deter the initiation of harm reduction services as service providers worry about the legal implications of providing clean equipment.

‘Incitement’, ‘encouragement’ or ‘aiding and abetting’ laws

Laws that create criminal penalties for incitement to use drugs or facilitating/encouraging drug use exist in many countries. Such laws are not often based on the reality of drug use and initiation (which is often between peers, siblings and friends who are also using) and can act as a deterrent to harm reduction services. Harm reduction providers are frequently accused of facilitating drug use.

Arbitrary age restrictions on harm reduction services

Injecting drug users who are under 18 (and sometimes older, e.g. in Sweden) are often denied access to lifesaving harm reduction services. In many countries this ignores the fact that children as young as 10 or 12 are known to inject drugs.

Drug user registries

Once they come to the attention of health services, drug users in many countries are added to ‘registries’ where their status as a drug user may be made known to others. Drug user registration serves as a form of state control over people who are dependent on drugs and imposes restrictions on their rights. The process brands people as drug users for years, sometimes indefinitely, regardless of whether they have ceased using drugs. In China, for example, methadone treatment patients are added to government registries linked to their identification documents and accessible to the police. In Thailand, once registered, drug users remain under surveillance by police and anti-drug agencies, and information about patient drug use is shared. Fear of registry discourages individuals from accessing care, even though it is free. In Russia, people who enroll in public drug treatment programs are added to registries (those who can afford to seek private drug treatment are not). Being listed on the registry can lead to loss of employment, housing and even child custody. Faced with these consequences, many people don’t see public drug treatment as a viable option.
Policing practices

Appropriate, human rights compliant policing is essential for effective drug policies and positive health outcomes for drug users. Unfortunately, in country after country, the experience is often the opposite, partly due to the poor laws being enforced and partly due to policing practices. In many places, police target drug users and harm reduction services, seeing easy opportunities to harass, entrap and extort clients.

Police presence at or near harm reduction programs drives people away from these services due to fear of arrest or other punishment. In Ukraine, for example, drug users have reported being arrested multiple times at legal needle exchange sites. Individuals have been severely beaten for possessing syringes at or near needle exchange points.

In Georgia, drug crackdowns in 2007 resulted in four percent of the country’s male population being tested for drugs, many under forced conditions. Thirty-five percent of these went on to be imprisoned on a drug-related charge. In Thailand, the 2003 ‘war on drugs’ that resulted in more than 2,800 extrajudicial killings has had a lasting impact on drug users’ access to fundamental health care services. Studies reported a significant decline in the number of people seeking treatment for drug use during the ‘war on drugs’, and also reported that a significant percentage of people who had formerly attended drug treatment centers went into hiding. Years later, many people who use drugs still refrained from seeking treatment at public hospitals for fear that their drug use (past or current) will be shared with police. This fear is not unfounded. Public hospitals and drug treatment centers collect and share information about individuals’ drug use with law enforcement, both as a matter of policy and in practice.

Amnesty International has documented a reported rise in complaints of extrajudicial executions during Mexico’s ramped up counter-narcotics operations. Disproportionate drug penalties and discriminatory application of drug control measures

The penalties for possession for personal use, or with intent to supply in many countries are severe, from lengthy prison sentences to the death penalty. In the United States, three strikes legislation in some states can result in life sentences for petty and non-violent drug crimes. In many countries, people are sentenced to death and executed for drug offenses, sometimes for possession of relatively small amounts of illicit drugs. In some countries, such sentences are mandatory. Mandatory death sentences that do not take mitigating considerations into account have been condemned as a violation of international law by the Commission on Human Rights, the Human Rights Committee, the Inter-American Court of Human Rights and the Special Rapporteur on extrajudicial, summary or arbitrary executions, as well as some national courts. Such penalties are entirely disproportionate to the crimes involved and have been shown to be ineffective in reducing drug consumption and drug-related crime.

The impact of drug control is often disproportionately focused on vulnerable groups and marginalized communities: peasant farmers, small time dealers, low level drug offenders, and racial and ethnic minorities or indigenous peoples. In the United States, African-American men and women are sent to prison for drug charges at rates many times that of their white counterparts and the application of mandatory minimum sentencing often subjects them to equal or harsher penalties than the principals of the drug trade. In Brazil, the vast majority of those killed by police in their ongoing war against drugs have been poor, black, young boys from favela communities, for whom involvement in the drug gangs is one of the few viable opportunities for employment.

Drugs and fair trial standards

Fair trial standards for drug offenders are not met in many contexts. For example, in Iran many drug smuggling cases are handled by Revolutionary Courts. The UN Working Group on Arbitrary Detention has called for the abolition of such courts because of the failure to provide adequate due process. One report estimated that 99 percent of the cases handled by the revolutionary courts involve drugs. In Indonesia and Saudi Arabia, the Special Rapporteur on extrajudicial, summary or arbitrary executions, raised concerns about statements made under torture that contributed to the suspect being convicted and sentenced to death. The Special Rapporteur on Torture uncovered similar cases, many relating to drug offenses, in his 2008 mission to Indonesia.

Drugs and detention without trial

Some countries detain drug suspects without trial and with very few due process safeguards. In Malaysia, for example, provisions of the Dangerous Drugs Act give the authorities the power to detain drug trafficking suspects without a warrant for between up to 60 days without a court appearance. After such period, the Home Ministry can issue a detention order, which entitles the detainee an appearance before a court to argue for release. However, should the court deny release to the suspect, the person can be held for successive two-year intervals. An advisory board reviews the suspect’s detention but such a procedure falls far short of the procedural rights of a court proceeding. It has been alleged that police detain people under this act after having been acquitted by the courts. In 2007, 798 people were detained under this act and another 805 in the first eight months of 2008.

Coerced and compulsory drug dependence treatment (See briefing no. 4)

In some countries, people who have broken drug laws may be coerced or even compelled to spend years in drug treatment centers, regardless of whether they need treatment, and without due process of law. A 2004 survey found that nine percent of 3,213 Chinese heroin users had taken extreme steps such as swallowing glass to gain a medical exemption from forced treatment.
Criminal laws, law enforcement and HIV/AIDS

UN health and drug control agencies—including UNAIDS, WHO, UNODC and INCB—have endorsed and promoted a wide range of interventions for the prevention, treatment, and care of HIV among people who use drugs, including opioid substitution therapy and ensuring access to and use of needle and syringe exchange programs, as essential components of HIV/AIDS programs for people who use drugs. Yet punitive laws, policies and practices keep many drug users from receiving these lifesaving services, even in countries where they are legal.

Research in several countries has established that criminal laws proscribing syringe possession and associated policing practices targeting people who use drugs increase the risk of HIV in both direct and indirect ways. This reality is reflected in the International Guidelines on HIV and Human Rights, which state that:

> States should review and reform criminal laws and correctional systems to ensure that they are consistent with international human rights obligations and are not misused in the context of HIV or targeted against vulnerable groups.

... Criminal law should not be an impediment to measures taken by States to reduce the risk of HIV transmission among injecting drug users and to provide HIV-related care and treatment for injecting drug users.

HIV treatment is also affected by a legal and policy environment that criminalizes and stigmatizes a population at elevated risk. In many countries where people who use drugs represent a significant, or even a majority, of those living with HIV, their access to treatment is disproportionately low relative to other people living with HIV. In China, figures from 2006 showed that while 48 percent of HIV cases were people who inject drugs, this group represented only one percent of those accessing ART. In Malaysia, 75 percent of HIV cases were among people who inject drugs, while only five percent of injectors had access to ART. A similar discrepancy was found in a WHO Europe study of European countries, particularly in Eastern Europe.

Drug law and policy reform and the human rights of people who use drugs

Concerns about the harmful effects of a criminal justice approach on the health and human rights of people who use drugs have prompted a number of governments to decriminalize possession of small quantities of drugs for personal use either in law or in practice. Spain, Portugal and Italy, for example, do not consider possession of drugs for personal use a punishable offense. In the Netherlands and Germany, possession for personal use is illegal, but guidelines are established for police and prosecutors to avoid imposing punishment. Many Latin American countries (including Brazil, Mexico and Argentina) have decriminalized possession for personal use, either by court decree or through legislative action, moves supported by high profile politicians including ex-presidents. Portugal has decriminalized all possession for personal use.

In the United States, some jurisdictions have protected drug users’ access to harm reduction services through court orders barring police from arresting needle exchange participants for drug possession based on residue in used syringes, or through police department orders directing police not to patrol areas near syringe exchange sites. At least 27 cities worldwide, including in Switzerland, Germany, Australia and Canada have established supervised injection sites that permit drug users to inject in a safe, hygienic environment without risk of arrest or prosecution for onsite possession of illegal drugs. At least 10 countries in Europe and Central Asia have prison-based needle exchange programs, including Iran, Moldova and Kyrgyzstan.

The UN drug conventions grant some flexibility with respect to penalization of possession and use of controlled substances. According to the International Narcotics Control Board, the treaty body charged with monitoring the drug control treaties and interpreting their provisions, “[i]nternational drug control treaties do grant some latitude with regard to the penalization of personal consumption-related offenses. Parties to the 1961 Convention are under an obligation not to permit the possession of drugs for personal non-medical consumption. Parties to the 1988 Convention are required to establish as criminal offenses activities preparatory to personal consumption, subject to each party’s constitutional principles and the basic concepts of its legal system.” The INCB has, for example, concluded that Portugal’s 2001 drug law reform decriminalizing the possession of small amounts of controlled drugs for personal use and drug use itself was consistent with the international drug control treaties. UNODC has also raised concern about the harmful consequences of drug criminalization on the health and human rights of people who use drugs, and has encouraged the use of creative approaches to drug enforcement, including stopping the incarceration of petty offenders, and reforming performance indicators that promote high numbers of arrests (as compared to targeting violent criminals or high volume dealers).

Numerous reviews—including that done by the UNDCP Legal Affairs Section at the request of the INCB—have similarly concluded that the implementation of such harm reduction measures as opioid substitution treatment, sterile syringe programs, supervised consumption facilities and heroin prescription programs are consistent with, and not in violation of, state obligations under the three UN Drug Control Conventions.